



Small Class Training Rates (maximum capacity 3 participants)

Classes being offered change so check class schedule often on Mindbody App under PureFOOD PureFIT or check class schedule on www.purefoodpurefit.com . All classes offered are at small group training rate. Initial complimentary consultation is required prior to sign up.

1 class \$19

5 class punch card \$90

10 class punch card \$170